



December 24, 2024 -  
December 28, 2025

**February 16, 2025**  
**6th Sunday of Ordinary Time**

1st Reading: Jeremiah 17:5-8  
Responsorial: Psalm 1:1-2, 3, 4 & 6  
2nd Reading: 1 Corinthians 15:12, 16-20  
Gospel: Luke 6:17, 20-26

# Building Faith@HOME

## Jubilee Year - Faith Facts

**"Blessed are they who hope in the Lord."**

(Psalm 1:1-6)

This is today's response as we read the first Psalm in the Book of Psalms. Did you know...

... that there are 150 Psalms

...Jesus used quotes from the Book of Psalms more than from any other part of the Old Testament

...the Psalms have multiple authors including Moses, David, Solomon and a few others.

...Psalms are all prayers of praise.

...Psalms is the most frequently read book in the Liturgy of the Word at Mass.

Use your bible and locate the Book of Psalms.

Today's Gospel from Luke is known as the *Sermon on the Plain*. Similar to Matthew's "Sermon on the Mount," Luke shares Jesus' rules for inclusion in the Kingdom of Heaven, however, Luke goes beyond the Beatitudes which are about trust in God who cares for those who suffer. Luke also shares Jesus telling of a matching series of "woes" for those who have turned away from God by refusing to do their part in alleviating such sufferings.

Today gives us a way to enter into our own self-reflection as we ask ourselves, "Where do I stand?" As Christians, we are always responsible for the needs of more than just ourselves. We are to care for all of our sisters and brothers. This selfless love is what leads to a blessed life.

This week, be conscious of the **blessings and woes** in your life. When you are having a difficult moment, ask God to bless you through it. Ask Him to draw you closer.

### Family Table Talk

Jesus tells us to treat others as we would want others to treat us. How do you treat others as you want to be treated?

How does the hope of eternal life with Jesus affect your perspective on challenges? How can you share the hope of the resurrection with others

### **This week's Challenge:**

Be aware of your blessings. How can you share your blessings with others. Reflect on this week's Gospel reading and take action!

#### **(Corporal Works of Mercy)**

**Feed the Hungry:** cook and deliver meals to those in need, such as homeless shelters or families in their community who may be struggling, or donate to a local food bank.

**Give Drink to the Thirsty:** assemble care packages that include bottled water and other essentials, then distribute them to people experiencing homelessness or those in need in their community.

**Clothe the Naked:** Organizing a clothing drive can help families collect gently used clothing to donate to shelters or organizations that support those in need.

**Visiting the Sick:** Send cards of hope to those in hospitals.

**Sheltering the Homeless:** assemble care kits that include items such as blankets, toiletries, socks, and non-perishable food, then distribute them to homeless individuals in their community.

Learn more in the video by Kid Catholic!

**Corporal** works of mercy are those that take care of the physical or bodily needs of others.



**Kid Catholic**



**The 7 Corporal Works Of Mercy!**



[bit.ly/Corporal-Works](https://bit.ly/Corporal-Works)



How many random acts of kindness can you do?

List the random acts of kindness you did this week here:

**Kindness is one of the "Fruits of the Spirit"**

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.



# More Faith Builders!

## Feast of the Chair of St. Peter, Apostle

Gospel: Matthew 16:13-19

“Peter, and upon this rock I will build my Church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the Kingdom of heaven.”



Have fun painting a rock to celebrate the Feast of St. Peter's Chair and recognize how the authority of the papal office came to be.

Decorate Using the colors yellow and white to represent the Vatican flag. Blue represents heaven. Add symbols such as a cross, or keys, or a church. Add the Scripture verse. Other decorating ideas might include glitter, or beads. Be as creative as you want!

Display your rock in a special place of prayer in your home.

Say a special prayer intention for the pope.



Blessed or Woeful... That is the theme of this week's Gospel. "The Blessing Jar" reminds us that rather than being woeful, we look at the blessings we have received with gratitude. The book encourages children to notice the blessings in their lives, much like how Jesus challenges His listeners to recognize true blessings—those that align with God's kingdom.

As a family story, read "The Blessing Jar" and ask: What are some blessings we may not always notice?

**Create a Family Blessing Jar** where each family member adds notes of gratitude throughout the week.

# LOOK for this



At the beginning of the Liturgy of the Eucharist, a linen cloth is unfolded and placed on the altar. This linen cloth is called a **corporal**. The word corporal is rooted in the Latin word, **corpus**, meaning "body." This cloth not only has a special meaning, but a special purpose. The cloth reminds us of the linen used to wrap the body of Jesus when he was laid in the tomb. As the Liturgy of the Eucharist begins, it is placed under the chalice and paten. Its special purpose is to catch any particles of the consecrated host, the Body of Christ, when the priest breaks the host.

At the end of the Communion Rite, the corporal is folded in thirds from the sides. Before the linen is laundered, any fragments are consumed then it is rinsed with water in the sacarium (a sink set aside for this specific purpose with a drain leading directly into the earth from the sacristy).

**“O Sacrament most holy,  
O Sacrament Divine  
All praise and all thanksgiving  
be every moment thine.”**

## Pilgrims of Hope - Virtual Pilgrimage to the Basilica of St. Peter

Every year on February 22, the Church celebrates the Feast of the Chair of St. Peter. But it's not really about a piece of furniture! Instead, this feast reminds us of the special role Jesus gave to St. Peter and to every pope who has followed him.

In many places, chairs show leadership—like a chairperson of a company. The Chair of St. Peter is a symbol of the pope's authority and mission to guide the Church with unity and peace, just as Jesus promised.

Visit <https://bit.ly/St-Peter-Chair> To tour the Basilica of St. Peter. Click #2 to go directly to the Altar. Zoom in to see the Chair of St. Peter.

