



Receive a full page of family faith builders each week as a PDF to view or download! Join the mailing list here: bit.ly/Build-Faith-At-Home-Email



More Faith Builders!

How much do you know about the Eucharist?



Try this 12 question "quiz" with your family. Fun way to learn some facts about the Liturgy of the Eucharist.



bit.ly/Eucharist-Quiz-For-All



October 25th is the historical feast of Sts. Crispin and Crispinian, twin brothers who evangelized France in the middle of the third century. Even though they hailed from Roman nobility, they worked as simple shoemakers by night and preached the gospel during the day. These saints are

the patron saint of cobblers, so what better way to his feast day than to bake an apple cobbler with New York Crispin apples! Here is an easy recipe for an apple cobbler to make together as a family bit ly/Ar



make together as a family. bit.ly/Apple-Cobbler

This week's action:Donate gently used shoes. As we celebrate St. Crispin Day, gather any gently used shoes that aren't worn by family members anymore. These shoes can be restored and given to those in need. Find a local charity or organization that takes used

shoes. Fleet Feet in Syracuse partners with the Samaritan Center and the Syracuse Rescue mission. Also, Soles4Souls has drop offs at DSW and Famous Footwear.

Visit Soles4Souls for more information.



bit.ly/Soles-4-Souls

Listen and Watch: Liturgy of the Eucharist

In today's Gospel, Jesus talks about drinking from the cup. At what point at Mass does the priest first drink from the cup? Watch closely!

In the Gospel today, Jesus tells James and John that the cup He drinks, they will drink. It is foreshadowing the sacrificial love for others that Jesus will give. In Scripture, the cup is often a metaphor for suffering or sacrifice.

In this way, the priest's drinking from the cup is a powerful symbol of his acceptance of the call to be a servant leader, mirroring Christ's own example of sacrifice and love for humanity.

In drinking from the cup, the priest acknowledges the reality of Christ's sacrifice, which is central to the Eucharist. This moment signifies not only the priest's participation in the sacrificial nature of the Eucharist but also his commitment to embody the values of humility and service that Jesus exemplified throughout His life.



Learn about St. Pope John Paul II's Coat of Arms and create your family Coat of Arms with this activity sheet.



Totus Tuus

bit.ly/Coat-of-Arms-Activity