

# Question:

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Can you please go over the 5 requirements to receive the blessing of our Holy Mother that you spoke of at Mass on Saturday Morning May 4<sup>th</sup>. ?

**July 13<sup>th</sup>, 1917, at Fatima, Our Lady said to Lucia**

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“I shall come to ask... that on the First Saturday of every month, Communions of reparation be made in atonement for the sins of the world.”

## Blessed Mother again appeared to Lucia in Spain on the 10<sup>th</sup> of December 1925...

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Our Lady then spoke:

“See, my daughter, my Heart encircled by thorns with which ungrateful men pierce it at every moment by their blasphemies and ingratitude. Do you, at least, strive to console me. Tell them **that I promise to assist at the hour of death with the graces necessary for salvation** all those who, in order to make reparation to me, on the First Saturday of five successive months, go to confession, receive Holy Communion, say five decades of the Rosary, and keep me company for a quarter of an hour, meditating on the fifteen mysteries of the Rosary.”

After completing the  
5 First Saturdays,  
One may continue the  
devotion simply to console  
the Immaculate Heart  
of Our Lady.

# The Requirements

- 1. Confession:** This confession can be made before the First Saturday or afterward, provided that Holy Communion be received in the state of grace. In 1926, Christ in a vision explained to Lucia that this confession could be made a week before or even more, and that it should be offered in reparation.
- 2. Holy Communion:** Before receiving Holy Communion, it is likewise necessary to offer it in reparation to Our Lady. Our Lord told Lucia in 1930, *"This Communion will be accepted on the following Sunday for just reasons, if my priests allow it so."* So if work or school, sickness, or another just reason prevents the Communion on a First Saturday, with this permission it may be received the following Sunday. If Communion is transferred, any or all of the other acts of the devotion may also be performed on Sunday if the person so desires.
- 3. Rosary:** The Rosary is a vocal prayer said while meditating upon the mysteries of Our Lord's life and Passion and Our Lady's life. To comply with the request of our Blessed Mother, it must be offered in reparation and said properly while meditating.
- 4. 15-minute meditation:** Also offered in reparation, the meditation may embrace one or more mysteries; it may include all, taken together or separately. This meditation should be the richest of any meditation, because Our Lady promised to be present when she said *"...those who keep me company...."*